

At home activity; out of your comfort zone....

(Edwin Hagenbeek, HU)

Objective: Students have experienced another (sub)culture and are able to reflect on this in order to be prepared for their internship.

*Students become aware of own preferences and prejudices of other (sub) cultures.

*Students have experienced the feeling of being out of one's comfort zone.

*Students have tried to understand different norms and values and have compared this with own norms and values.

ASSIGNMENT :

Visit an event or a place where the culture is completely new to you and where you feel out of your comfort zone, for example a synagogue, a mosque, a Jehovah Witness hall, a closed gathering of an elderly care facility activity, a rave party, a meditation session, a boxing class, a public demonstration, etc. It is also interesting to visit a place where people come about which you have prejudices. You can also ask someone who knows you well to think of a place for you. Often others see your blind spots more clearly. Interact with people as much as you can during your activity!

Present your experiences of the At home activity and include the following elements:

- Why you have chosen to go to this particular place or setting and how you gained access.
- What you have learned about the culture and what skills you practiced, using the Deardorff model (appendix 1). How can you further develop these skills? How has observing helped you?
- Show what you have learned about intercultural awareness and/or communication.
- Reflect critically on your own attitude during the experience.

This presentation is given individually. Each person has ca. 10 minutes

(Deardorf Model)

